# The Maine PMP and Veterinarians



# Public Law Chapter 488

- An Act to Prevent Opiate Abuse by Strengthening the Controlled Substances Prescription Monitoring Program
  - o "There is an opioid epidemic facing the State of Maine and the nation as a whole. In 2015, Maine experienced an unprecedented 272 overdose related fatalities. In an effort to combat the Maine opioid epidemic, the Maine Legislature enacted this bill."
  - With this bill, veterinarians have become included as prescribers needing to check the PMP.

### Note

- This is a new law with many new restrictions on all healthcare professionals. Although veterinarians are affected, it is affecting our subgroup the least. There is a lot of concern on the human side and there will likely be ongoing changes made to this program and restrictions over the coming years.
- The MVMA's goal with this bill is to promote the public health while also maintaining reasonable regulations on veterinarian's time, expenses and client relationships.



- 1. Law overview
- 2. Rules overview
- 3. PMP walkthrough (registration and search)



### Law Overview

- Veterinarians must register as prescribers in the PMP
- All healthcare professionals licensed to prescribe opioids must complete 3 additional hours of CE every 2 years.
  - We are waiting on final rulemaking on this from the State Board.
  - The first 3 hours must be completed by December 31, 2017.
- Prescription limitations
- Electronic prescribing
- Penalties



### **Prescription Regulations**

- This bill only applies to opioids and benzodiazepines.
   See next slide for a list of commonly used medications in veterinary medicine.
- Prescription dosages and mme do not apply to veterinarians
- Prescription length:
  - Acute opioid prescriptions can be for no longer than a 7 day course
  - Chronic opioid prescriptions can be for no longer than a 30 day course

# Commonly Used Prescriptions and Use

Opioids	Use	
Buprenorphine	Analgesia	
Butorphanol (Torbutrol ®, Torbugesic ®)	Antitussive, analgesia	
Codeine	Analgesia, antitussive	
Fentanyl	Analgesia	
Hydrocodone (Tussigon ®)	Antitussive	
Morphine (oral)	Analgesia	
Tramadol	Analgesia	
Benzodiazepines		
Alprazolam	Anxiety	
Clonazepam	Epilepsy, anxiety	
Diazepam	Epilepsy, anxiety	
Midazolam	Epilepsy (rare to prescribe)	

# **Electronic Prescribing**

- This only applies if you are sending a prescription to an outside pharmacy to fill.
- As of 7/1/2017 these will need to be sent electronically.
- A waiver will be made available in April of this year to apply to be exempt from this requirement.
  - o In this case, you would need to send a written prescription.
  - We will notify members when this is available.

### Penalties

- Each violation of the law is \$250, not to exceed \$5,000 per calendar year.
- DHHS is enforcing this aspect of the law (checking the PMP)
  - Compliance will start being reviewed as of March 1, 2017
  - OPenalties will start as of October 1, 2017



### Rule Overview

• The rules make it more clear "who" the veterinarian should be checking and what should be considered a red flag.



### Rules: Veterinarian Requirements

### Veterinarian Requirements

- a. Veterinarians must check the Prescription Monitoring Program
- system in accordance with the terms described in 22 MRSA §7253(1).
  - The following records must be checked:
    - i. Records related to the individual seeking care for the animal;
    - ii. If deemed appropriate by the prescriber, the records related to the owner of the animal, in the event the owner is not the individual seeking care for the animal.

### Rules: What to Review

- •b. In order to fulfill the requirement to check the Prescription Monitoring Program system, the veterinarian must review the following information:
  - i. Aggregate Morphine Milligram Equivalent (MME) for the individual seeking care for the animal, or, if appropriate, the owner of the animal.
  - ii. The number of prescribers currently prescribing controlled substances to the individual; and
  - iii. The number of pharmacies currently filling prescriptions for controlled substances for the individual.



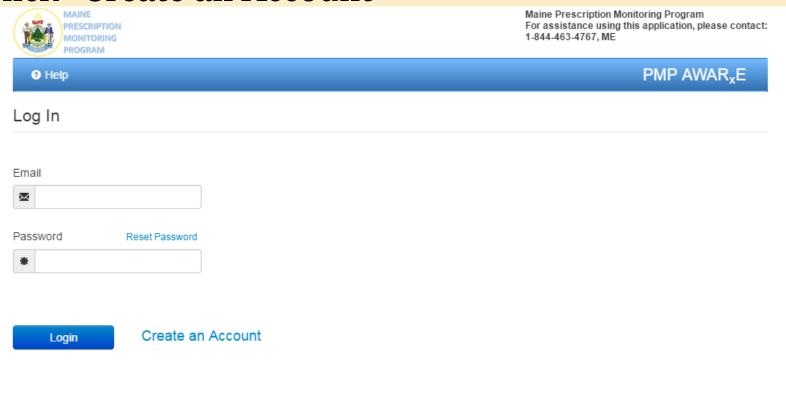
### Rules: Red Flags

- •c. In the event the prescribing veterinarian identifies concerns related to any of the following regarding the information found in the prescription monitoring program system, the veterinarian must contact the PMP coordinator.
  - i. Aggregate Morphine Milligram Equivalent for the individual seeking care for the animal, or, if appropriate, the owner of the animal.
  - ii. The number of prescribers currently prescribing controlled substances to the individual; and
  - iii. The number of pharmacies currently filling prescriptions for controlled substances for the individual.

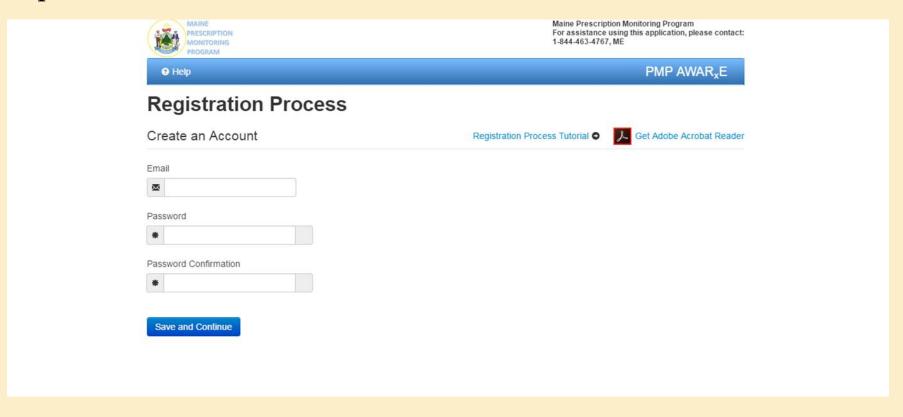


### PMP Walkthrough

- Register here: <a href="https://maine.pmpaware.net/login">https://maine.pmpaware.net/login</a>
- Click "Create an Account"



Enter your email (the one used for the State Board) and create a password



#### Choose "Healthcare Professional"



Maine Prescription Monitoring Program
For assistance using this application, please contact:
1-844-463-4767, ME

Help

(b) Log Out

PMP AWAR<sub>x</sub>E

— select a menu item —

### **Registration Process**

Select your User Roles

Registration Process Tutorial •



- ▶ Healthcare Professional
- **▶ Law Enforcement**
- ▶ Other

Save and Continue

### **Registration Process**

Select your User Roles

Registration Process Tutorial

#### ▼ Healthcare Professional

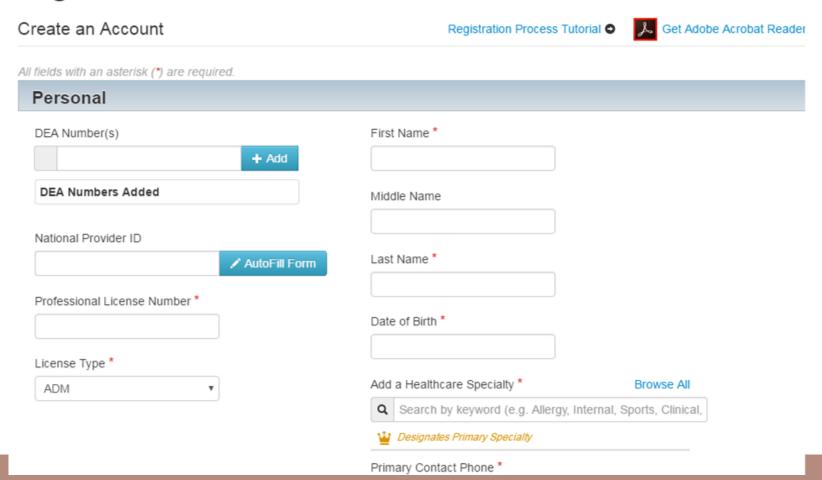
- Physician (MD, DO)
- Dentist
- Nurse Practitioner / Clinical Nurse Specialist
- Midwife with Prescriptive Authority
- Physician Assistant
- Podiatrist (DPM)
- Optometrist
- Pharmacist with Prescriptive Authority
- Pharmacist
- Veterinarian
- Medical Intern
- Medical Intern with Prescriptive Authority
- Medical Resident
- Medical Resident with Prescriptive Authority







### **Registration Process**



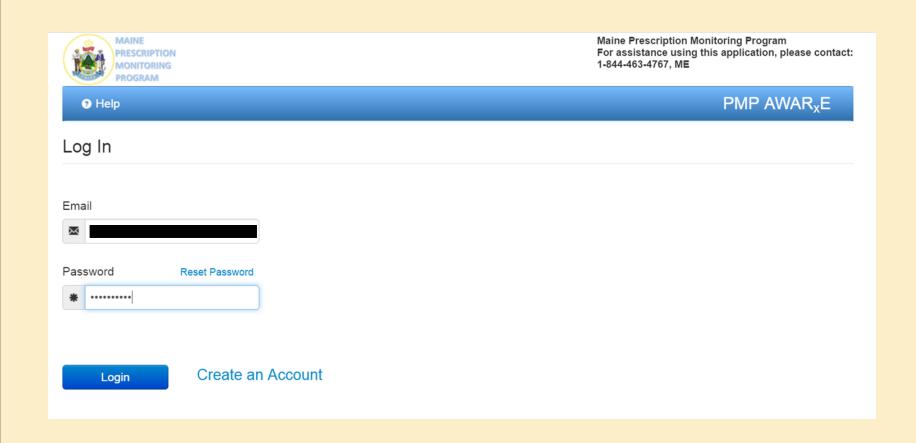
- Under "Add a Healthcare Specialty"
  - OGo to "Other service providers"
    - · Choose "Veterinarian"
    - It is fairly far down in the drop-down menu
  - Fill in the rest of the information as it applied. Use your own DEA number if you have one.
  - •Put in your employer's DEA number, or if you are the employer use your own.



- After you submit your application, it will be reviewed by DHHS and approved. The approval process can take up to 5 days.
- •You will not be able to use the PMP until after you are approved, so please register soon if you have not already.



# **Prescription Search**







### My Dashboard

Dashboaru

#### **Patient Alerts**

★ Home

No patient alerts received.

#### **Recent Requests**

Patient Name	DOB	Request Date	Status
,		01/20/2017 1:17 PM	complete
		01/12/2017 5:23 PM	complete
,		01/12/2017 5:23 PM	complete
		01/12/2017 5:00 PM	complete
,		01/12/2017 3:47 PM	complete

Announcements

#### **Supervisors**

No Supervisors found.

#### **Announcements**

Select User Time Zone

01/13/2017

Users are able to select their time zone under User Profile-->My Profile. Please go to your profile to verify that the correct ... more

Transition in Maine PMP Records

12/20/2016

Welcome to the new Maine PMP! Please note that there will be a delay in viewing recent prescription records as a result of thi... more

#### **Quick Links**

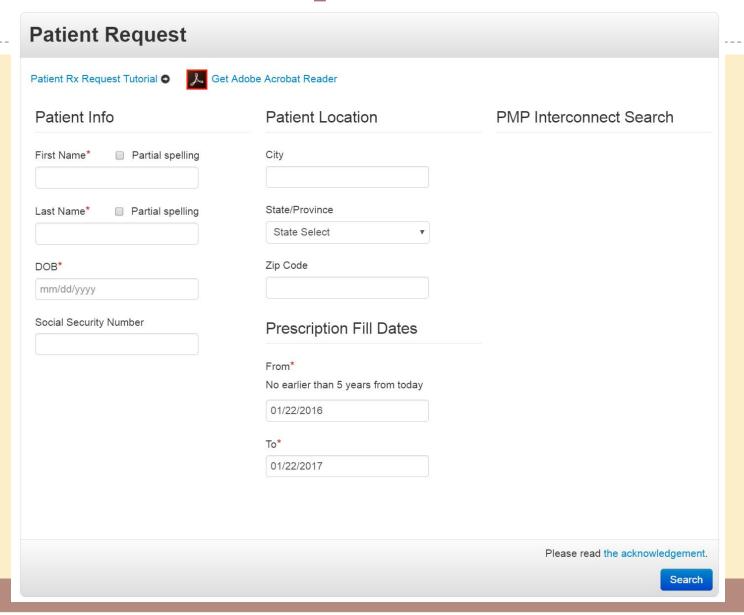
Maine Prescription Monitoring Program (PMP)

Chapter 488 Public Law Online Support Request

# **Prescription Search**



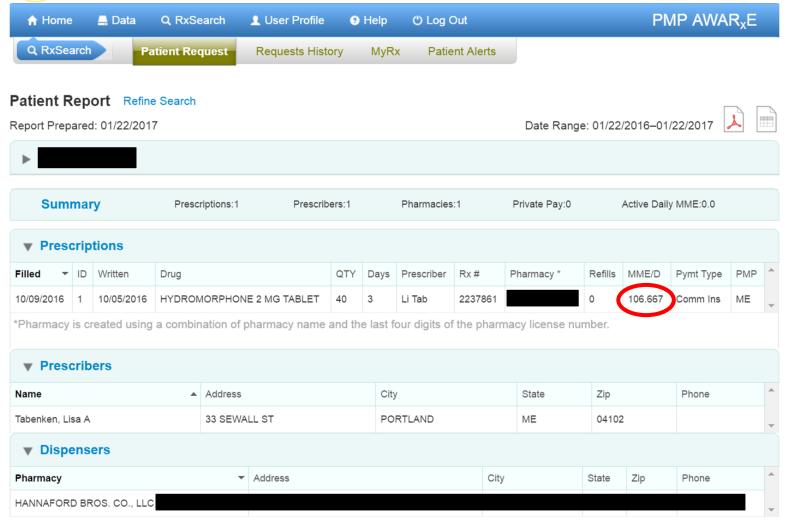
# **Prescription Search**



### Prescription Search - Example



Maine Prescription Monitoring Program
For assistance using this application, please contact:
1-844-463-4767, ME



- \* -

### **Record Recommendations**

- •We are recommending having clients sign a consent form so they are aware you are doing this search.
  - This will allow a way for you to have a record of their full name and birthdate.
  - We will make this available on our website.
- •We recommend putting something brief in your record indicating you performed the search.
  - O Example:
    - "PMP search performed no concerns"
    - "PMP search performed red flag present. Did not fill prescription for "x" and contacted PMP coordinator."

### **Record Recommendations**

- In the rare event that you do have a major concern, then you should contact the PMP coordinator.
- Do your best to educate client and look for other treatment options.



### Recap

- The search only needs to be done every 90 days for chronic prescriptions.
- The consent form is not required and is only something we think may help facilitate client communication.



### **Contacts**

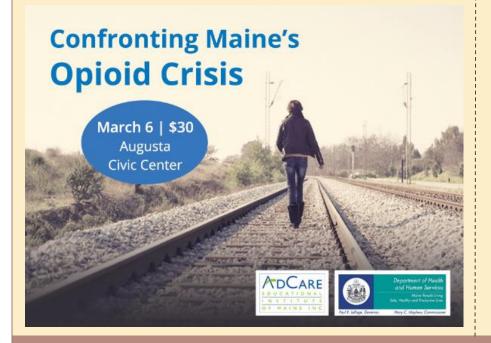
### MVMA

- o info@mainevetmed.org
- 1-800-448-2772 (phone and fax)
- PMP
  - Evelyn Sharkey, Prescription Monitoring Program Coordinator
  - 0 207-287-2595
  - o Fax: 207-287-4334
  - o <u>SAMHS.PMP@maine.gov</u>
- Apriss Technical Support 844-463-4767



# **Upcoming Opioid CE**

http://www.cvent.com/events/me-325-500-confronting-maine-sopioid-crisis/event-summaryabad877edeff4132a24589b82f3b9 80b.aspx?i=757bb755-0155-489e-9ff8-06377bc90abc&r=1



https://www.mainevetmed.org/sum mer-meeting

When: Saturday, June 24, 2017

Where: University College, Bangor, Maine

"Updates on Pain Management: 2017 and Beyond"

Dr. Mark Epstein

2 hours towards the opioid requirement